

# PALLIATIVE CARE

# Myths & Facts



## MYTH

Palliative care is the same as hospice care.

## FACT

Unlike hospice care, which is limited to the last six months of life, palliative care is appropriate at any age and at any stage of a serious illness. It can be provided along with treatment intended to cure your illness.



## MYTH

Only a physician can refer a patient for palliative care.

## FACT

Anyone - patients, loved ones or others involved in providing care - can make the first contact with Pallitus Health.



## MYTH

Palliative care is only for adults.

## FACT

Pallitus Health Partners provides palliative care to patients of all ages, from infants to seniors.



## MYTH

If I elect palliative care, I can no longer see my regular doctor.

## FACT

The palliative care team provides an extra layer of support and works in partnership with your primary doctor and/or specialists.



## MYTH

Electing palliative care means you are giving up.

## FACT

Palliative care manages the symptoms and side-effects that may occur due to your illness. It not only improves your quality of life, but allows you to thrive.

Palliative care helps answer the question "What is most important to you?"



## MYTH

If you accept palliative care, you must stop other treatments.

## FACT

Your treatment choices are up to you. You can receive palliative care at the same time as treatment meant to cure you.

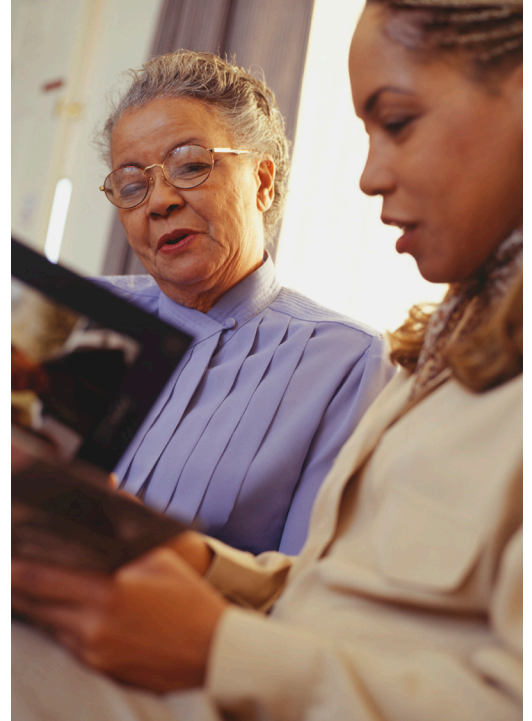
## *You-centered care.*

We know that dealing with the symptoms of a serious illness is difficult and can include exhaustion, anxiety and depression. We understand that pain and other symptoms affect your quality of life and can leave you lacking the energy or motivation to pursue the things you enjoy. At Pallitus Health Partners, we help people face serious health issues with care and thought so they can enjoy the best quality of life possible.

That's why we offer specialized care to make you more comfortable and improve your quality of life right now. It's called palliative care or advanced illness care. Think of us as specialty care experts who can minimize the impact your illness has on your life and ability to thrive.

Palliative Care can be provided at the same time as all other treatments and strives to provide you with:

- Expert treatment of pain and other symptoms so you can get the best relief possible
- Open discussion about treatment choices, including treatment for your disease and management of your symptoms
- Coordination of your care with all your health care providers
- Counseling and support for you and your family



Many adults and their caregivers living with illnesses such as cancer, heart disease, lung disease, multiple sclerosis, diabetes, kidney disease, ALS, dementia, and other illnesses, experience physical symptoms and emotional distress related to their diseases. Sometimes these symptoms may be related to medical treatments they are receiving.

### *It's Never Too Early To Start Palliative Care*

You may want to consider Palliative Care if you or someone you love:

- Does not qualify for hospice care
- Suffers from pain or other symptoms due to ANY serious illness that is not well-controlled
- Requires frequent emergency room visits or repeat hospitalizations
- Is getting sicker or weaker despite efforts to feel better
- Feels overwhelmed and uncertain about the future
- Needs help understanding the health situation and coordinating care

To find out if your loved one could benefit from palliative care, call 855-599-8954 today.  
Referrals can also be made by visiting [PallitusHealth.org](https://PallitusHealth.org).