

## What is Palliative Care

Palliative care, also called advanced illness care, provides comfort and clarity during a serious illness. This care is focused on easing symptoms, supporting emotional well-being, and helping patients and families make informed decisions.

Care is delivered by a team of specialists who listen, guide, and work with your existing doctors to ensure your care reflects your needs and goals. It can be provided alongside treatment aimed at curing or managing your condition.

## FAQs

### WILL I HAVE TO GIVE UP MY REGULAR DOCTOR?

No. The palliative care team adds an extra layer of support and works in partnership with your existing doctors.

### CAN I CONTINUE TREATMENT FOR MY ILLNESS?

Yes. Palliative care can be provided at the same time as treatment meant to cure or slow your illness.

### WHO BENEFITS FROM PALLIATIVE CARE?

Patients with cancer, heart failure, COPD, dementia, Parkinson's disease, stroke, and other complex conditions may benefit from extra support to manage symptoms and reduce stress.

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A COMPLETE LIST OF THE  
COMMUNITIES WE SERVE.



Pallitus Health Partners, a part of Hosparus Health, offers comprehensive palliative care for serious illness in Kentucky and Indiana. Specialized services include chronic symptom and medication management, disease education, and care coordination. Pallitus Health's interdisciplinary care team provides medical expertise and support designed to meet individual goals and offer the best possible quality of life at any stage of serious illness.



855-599-8954 | [PALLITUSHEALTH.ORG](http://PALLITUSHEALTH.ORG)  
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*\*Pallitus Health Partners, a part of Hosparus Health, is a dba for Hosparus, Inc. and Care Guide Partners, Inc.*

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PALLIATIVE CARE

## Supportive Care for Serious Illness



PALLITUS  
HEALTH PARTNERS

*You-centered care.*<sup>®</sup>

## Palliative Care Team

Our team includes nurse practitioners, physicians, social workers, nurses, and other trained professionals who partner with your healthcare providers. We create a personalized care plan that reflects your priorities and adapts as your needs change.

### YOUR CARE MAY INCLUDE:

- Nurse practitioner and physician visits through clinic appointments or telehealth, with in-home visits available for those who qualify
- Social work visits to support emotional, social, and practical needs
- 24/7 phone support for urgent palliative needs
- Medication review and symptom management
- Help understanding your condition and future options
- Guidance with advance care planning
- Coordination with your current medical team

## What You Can Expect

Palliative care is designed to reduce distress, improve daily comfort, and help you stay informed. Through ongoing communication, we help manage symptoms such as:

- Pain
- Shortness of breath
- Fatigue
- Nausea
- Constipation
- Loss of appetite
- Difficulty sleeping

We also assist with care decisions, emotional support, and future planning.

## Payment for Services

Palliative care is covered by most insurance plans. Financial assistance is available for those who qualify. We're happy to help you understand your options.

## When to Call

If you or someone you love is living with a serious illness, we're here to help. The sooner you reach out, the more support we can provide. You don't have to wait for a crisis.



## How to Get Started

Anyone can make a referral. Call 855-599-8954 or visit [PallitusHealth.org](https://PallitusHealth.org) to learn more.